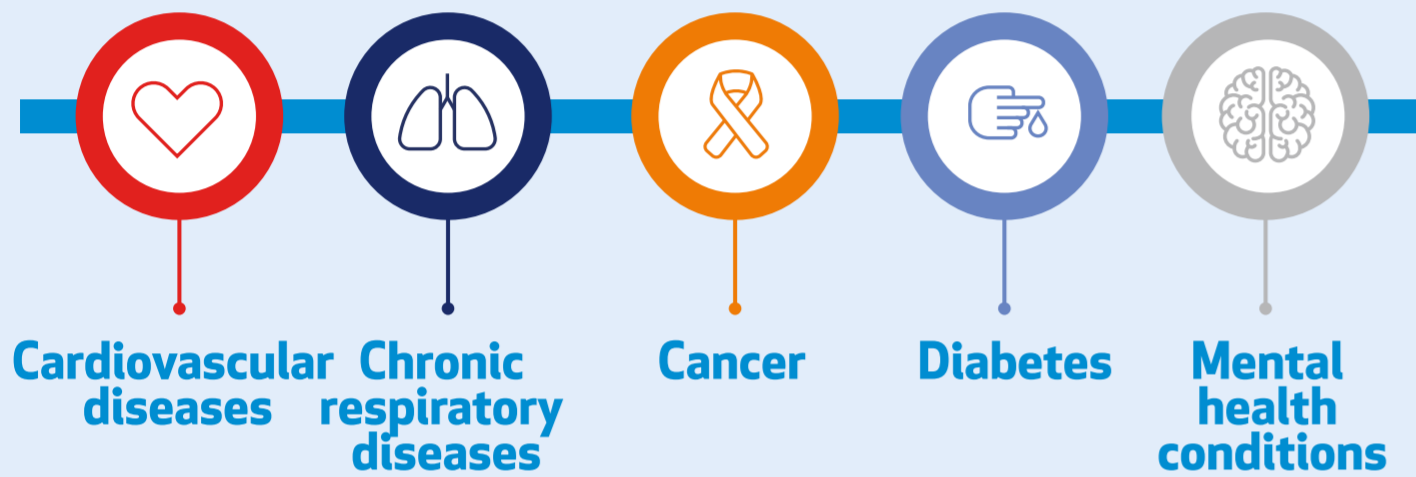


NONCOMMUNICABLE DISEASES (NCDs) AND MENTAL HEALTH: CHALLENGES AND SOLUTIONS



NONCOMMUNICABLE DISEASES (NCDs) AND MENTAL HEALTH

THE THREAT



Key Facts

NCDs are responsible for

71% of all deaths worldwide (41 million people)

Each year... the lives of

15 million people are cut short due to NCDs. Nearly **800,000 people** die from suicide

Every **2 seconds** someone aged 30 to 70 years dies prematurely from NCDs

Poorer people are disproportionately affected by NCDs and mental health conditions

5 main NCD risks



Call to action

Greater action is needed to:

- ✓ Protect people from NCDs
- ✓ Achieve SDGs
- ✓ Promote human rights

Progress on NCDs is **too slow**

Meet SDG3.4 to, by 2030, reduce by 1/3 premature mortality from NCDs and promote mental health and well-being

MOST PREMATURE DEATHS AND SUFFERING FROM NCDs ARE AVOIDABLE

THE BENEFITS

Invest for a healthy future



These interventions can save **8.2 million** lives in poorer countries and generate **US\$350 billion** in economic growth by 2030



\$1 >>> **\$7**

Every US\$1 invested to tackle NCDs will have a return of at least US\$7 by **2030**

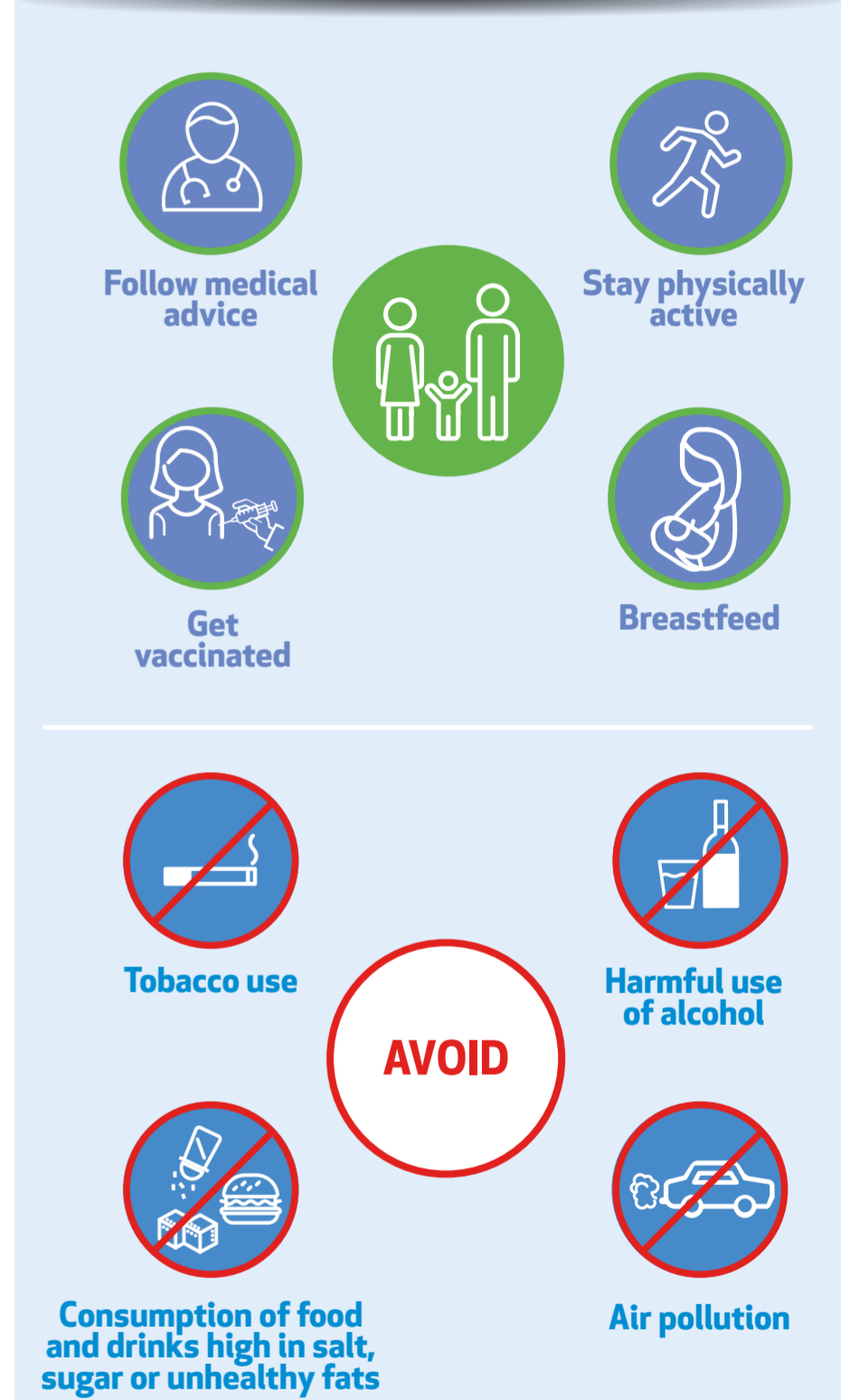
WHAT GOVERNMENTS CAN DO TO

PROMOTE HEALTH



WHAT PEOPLE CAN DO TO

PROTECT HEALTH



It's time for the world to **deliver** and **protect** people and communities and **#beatNCDs**

TOGETHER LET'S BEAT NCDs