



# Tampines East Health & Charity Carnival

by **Rodiah Hashim**

The Diabetic Society of Singapore reached out to the East on Sunday, 24 April 2011 with an exciting Women's Health & Charity Carnival.

Held at the Tampines East Community Centre on Tampines Avenue 2 and in conjunction with this year's International Women Day in March and in aid of the Humanitarian Relief Effort in Japan, the event saw booths promoting health products and equipments and thrift stalls selling donated items for charity. Mr Mah Bow Tan, Minister of National Development, graced the occasion and, together with an appreciative crowd, applauded the diversity of women who went on stage to fulfill their pledges to donate to the cause.

DSS, always ready to serve the community to help them detect diabetes through early detection, collaborated with the Women's Executive and Malay Activities Committees from the centre to provide screening for cholesterol, blood pressure and blood glucose. A total of six nurse volunteers from SingHealth headed by Sister Rohanah provided assistance for the screening. Some 130 residents were attracted to the low cost screening offer of just \$2 which was made possible with sponsorship from Roche Diagnostics Asia Pacific Pte Ltd for the glucose strips and support from the Lions group.

