

MAKING TIME

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I was introduced to Marco Aizawa by a mutual friend through Facebook. If you've been reading Marco's regular column introduced three issues ago called Diablogue, you would know by now that he is a sports enthusiast, and he has type 1 diabetes. He has only one good reason for writing the blog and that is good enough for him: he wants to tell people with diabetes you can lead a fulfilling and even extraordinary life, if you would only put your heart and mind to it.

Yet there are many others who do not have diabetes but who have stepped forward to champion this cause nevertheless. And so, each time they are called upon to contribute an article, they do it without complaint.

We pay tribute to all who help to put this entire magazine together every three months, from the editor-in-chief Dr Yeo Kim Teck to DSS president Mr Yong and vice-presidents, Dr Kevin Tan and Mr Mohideen, from the advertisers and advertising manager, George, to our very trusty team of volunteer writers and editors: new mum and highly efficient Janie Chua (dietetics editor) who in turn garners support from an amazing group of dietitians, Henry Lew (psychologist) whose creativity and insight are as clear as day and DSS staff Rodiah and DSS diabetes nurse educators Praveen, Lay Keng, Mdm Lai and Angie who provide much support for those with the disease and their caregivers. Then there are the doctors and specialists who make time for our readers because they care. Thank you.

We launch a new look this issue – a fresher, cleaner layout - to make reading more pleasurable, and to reflect DSS' desire to always stay relevant and accessible.

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Diabetes Singapore

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