

Health Screening in the Heartland

7 & 21 MARCH 2011

By Rodiah Hashim

The Diabetic Society of Singapore's Mobile Centre rolled into the heartlands on 7 March 2011. In partnership with the Tung Ling COPE and Dakota Crescent Residents' Committee, the mobile centre provided health screening for the residents and volunteers of the Care & Friends Centre at Block 10, Dakota Crescent.

TLCS manages the Elderly Activity Centre under Tung Ling COPE (Community Outreach Programme for the Elderly) an initiative program established by South East Community Development Council.

With centre manager Mr Roger Neo's help, the mobile bus found a lot at the carpark right where the centre is. Between 9.30am and 4.30pm, 27 pre-registered participants were screened that day for blood sugar level, blood pressure and total cholesterol checks.

In an email to DSS, Mr Neo said, "I am so glad things are working out well and we are having very positive response." The feeling is mutual. Hence, a second visit by the Mobile bus to the Centre on 21 March. And we hope it will not be the last!

