Diabetic Foot Public Symposium

BE SWEET TO YOUR FEET
PREVENTING AMPUTATIONS & HEALING OF DIFFICULT DIABETIC FOOT WOUNDS

Face to Face Advice by Diabetic Foot Professionals

English / Mandarin / Malay /Tamil

RSVP TODAY

Diabetic Foot problems are more common than you think!
Dr Steven Kum, Consultant Surgeon
Novena Vascular and Varicose Vein Centre
Mount Elizabeth Novena Hospital

Diabetes – 21st Century control for an age old Epidemic
Dr Kevin Tan, Endocrinologist
Kevin Tan Clinic for Diabetes, Thyroid & Hormones
Mount Elizabeth Orchard Hospital

Getting the blood pumping to your feet – how do Vascular Surgeons do it?
Dr Steven Kum, Consultant Surgeon
Novena Vascular and Varicose Vein Centre
Mount Elizabeth Novena Hospital

Advanced Wound Therapy for Diabetic Foot Wounds
Dr Tan Yih Kai, Consultant Surgeon
Novena Vascular and Varicose Vein Centre
Mount Elizabeth Novena Hospital

Keeping your Feet Happy – Foot Care by the Podiatrist
Jessie Phua, Senior Podiatrist
Novena Vascular and Varicose Vein Centre
Mount Elizabeth Novena Hospital

Alleviating Pain in Diabetic Neuropathy
Dr Choo Chee Yong, Pain Specialist
Alleve Pain Management Centre
Mount Elizabeth Novena Hospital

Date: 13 April 2013, Saturday
Time: 1.30pm to 4.30pm
Venue: Mt. Elizabeth Novena Hospital Conference Room1, Basement 1
38 Irrawaddy Road Singapore 329563

Registration fee: $2
Refreshments & Goodie bags

Closing Date: 09 April 2013

Organised by

Supported by

Noelle 9752 1276 (9 to 6pm)
Ow 9698 4513 (after 6pm)
Dr Steven Kum received his MBBS medical degree from NUS and subsequently embarked on his surgical training with the Royal College of Surgeons, obtaining his MMed, MRCS and FRCS from the Royal College of Surgeons, Edinburgh. His Postgraduate Fellowship in Vascular and Endovascular Surgery was done in Prince of Wales Hospital, Sydney as well as the renowned Heart Centre/Park Hospital in Leipzig, Germany where he honed his skills in Endovascular Interventions. He completed a Fellowship on Advanced Techniques in Diabetic Limb Salvage in Universita Vita Salute San Raffaele, Centro Interdipartimentale per la Cura del Piede Diabetico, Milan Italy where he further subspecialized in Advanced Wound Care techniques. He is a Fellow of the Academy of Medicine, Singapore (FAMS), a member of the International Society of Endovascular Specialist (ISES) and the American College of Phlebology (ACP) and is also a member of the National Diabetic Foot Work-group. Dr Kum is a clinical proctor and advisor for several endovascular companies including Medtronic, Abbott and Covidien. He actively participates, lectures and helps organize several Endovascular conferences around the region. Dr Kum has also given numerous talks to the public and fellow health care providers and participates in Residency Training for Surgeons in training. He volunteers his time to Mercy Community Care and has been involved in medical relief missions. His current interest include the Multidisciplinary Team approach to Diabetic Limb Salvage, Advanced techniques in Endovascular Interventions as well as Wound Care therapies.
Dr Kevin Tan Eng Kiat
MBBS, MRCP (UK), FRCP (Edin), FAMS
(Endocrinology)

Dr Kevin Tan is a diabetologist and endocrinologist in private practice. He runs his own practice at Mt Elizabeth and Mt Alvernia Medical Centres. He also remains a visiting consultant to the Diabetes Centre at Singapore General Hospital and runs the Diabetes in Pregnancy clinic at Thomson Medical Centre. Dr Tan graduated from the National University of Singapore in 1987 and is a fellow with both the Royal College of Physicians in Edinburgh and the Academy of Medicine in Singapore. He was trained locally at Singapore General, Alexandra and Tan Tock Seng Hospitals; as well as overseas at the Royal Victoria Infirmary and Freeman Hospital in Newcastle-upon-Tyne, UK, under world renowned diabetes expert Professor George Alberti as well as thyroidologist, Pat-Kendall Taylor.

Dr Kevin Tan is currently Vice-President of the Diabetic Society of Singapore and a life-member of the Society. He is a member of the Endocrine and Metabolic Society of Singapore and the American Association of Clinical Endocrinologists. He sits on the National Diabetes Strategy Advisory Committee as well as on Advisory Boards to various pharmaceutical companies. In the Diabetic Society, he oversees the Diabetes Education Portfolio. He has been chairing the organising committee of World Diabetes Day Singapore events since 1998.

Dr Kevin Tan is a keen diabetes educator and active on the lecture circuit to both professional and public audiences locally and in the region, lecturing extensively on diabetes, thyroid problems and other endocrine/hormone issues. He has given over 270 lectures over the years. His interest is in diabetes and pituitary-adrenal disorders and his research interest in clinical trials on diabetes.
Dr Tan obtained his medical degree from the University of Queensland, Australia in 1994. Between 1996 and 2006, he pursued his surgical training in the United Kingdom, completing Higher Surgical Training in General Surgery with special interest in Vascular Surgery. Following this, he returned to Australia to advance his skills in Endovascular procedures in Royal Adelaide and Repatriation Hospital. During this time, he also gained extensive experience in open vascular procedures such as abdominal aortic aneurysm repair, bypass surgery and carotid surgery. Dr Tan has published extensively, including book chapters and engages in active research in the field of wound healing. He has given numerous talks and workshops to both public audiences and fellow health care providers. He is a core faculty member for the Singhealth Residency Program for General Surgery and is a medical advisor for Mercy Community Care, a non-profit organization. He has special interest in venous diseases, diabetic limb salvage and wound care including stem cell therapy for healing of diabetic foot wounds.
Jessie graduated with Bachelor of Science (Podiatry) from Curtin University, Western Australia and has over 10 years experience leading a Podiatry Team. She has strong clinical background in diabetic foot and sport podiatry. Her area of interest is in biomechanics of the diabetes foot and sports injuries. In 2007, she attended a post-graduation Fellowship at CLEAR (Centre for Lower Extremity Ambulatory Research) at the Dr William M Scholl College of Podiatric Medicine, USA where she gained valuable insights and knowledge in limb salvage and functional biomechanics. She has also recently returned from a stint at Diabetes Foot Centre (Instituto Clinico Citta Studi Milano) in Italy during which she gained exposure on Novel Wound Care Techniques and Biomechanics of the diabetic foot. Jessie avidly contributes to publications including “Run for Your Life” in 2009 and has also volunteered much time to promoting public awareness and education in the area of the Diabetic Foot and Sport Podiatry. She has been a Podiatry consultant for the Diabetes Society of Singapore since 2008 and is a member of the Podiatry Association of Singapore and the National Diabetes Foot Workgroup.
Dr Choo is an Anaesthesiologist who specializes in Pain Management. He graduated with MBBS in 2000 from the National University of Singapore, and embarked upon Anaesthesiology specialist training. He was awarded Best Trainee in 2005. After obtaining his Masters of Medicine in Anaesthesiology in 2006, Dr Choo went on to become a Fellow with the Australian and New Zealand College of Anaesthetists (ANZCA).

He subsequently became a Fellow of the Faculty of Pain Medicine with the Australian and New Zealand College of Anaesthetists by training and examination. He completed his fellowship at the Western Australia Pain Management Centre of Sir Charles Gairdner Hospital, Perth, where he underwent training for interventional pain procedures and pain management for acute, chronic and cancer related pain syndromes.

Apart from doing clinical anaesthesia, his main interests lie in pain medicine and regional nerve blocks. He is trained in a variety of ultrasound and fluoroscopically guided interventional procedures including radiofrequency rhizotomies, neurolytic blocks, intrathecal pump insertion and spinal cord stimulation.

Dr Choo is currently serving as a Council Member of the Pain Association of Singapore and is a Visiting Consultant at the Pain Management Clinic in Changi General Hospital. In addition, he has also been actively involved in postgraduate teaching at Singhealth Residency, and is a clinical lecturer with Yong Loo Lin School of Medicine, National University of Singapore. In 2012, he won the Passionate Educator Award from Singhealth for teaching excellence. He has published a number of articles in peer reviewed journals.